

# Mentee Track Application Research Scholars & Mentorship Program (RSMP)



The American Academy of Health Behavior (AAHB) provides a 12-month mentoring opportunity to a competitive pool of junior-level health behavior researchers. The purpose of the Research Scholars & Mentorship Program (RSMP) is to mentor early career investigators in the production of high-quality scholarly research-based products that address any area of health behavior-related research.

Senior investigators from AAHB (mentors) are partnered with selected junior investigators (mentees) to help them develop skills and gain experience in research-related activities. Selected applicants are matched with senior-level AAHB members based on content or methods expertise. The overarching goal of the RSMP is to promote excellence in health behavior research among Academy members. The research-based products and/or processes resulting from the RSMP are determined by each mentee-mentor pair collaboratively.

Mentees selected for the RSMP will be matched in February/March 2024, and pairs will be recognized at the 2024 and 2025 AAHB meetings. Details about the RSMP can be found [here](#).

## Mentee Eligibility Criteria

- Be current, paid members of AAHB in good standing at the time of application
- Have completed a doctoral level degree in a health behavior discipline
- Be able to articulate a health behavior research agenda

## RSMP Expectations

- Identify three Preferred AAHB Mentors the Mentee believes would be a good mentor match based on their research interests and career goals (program leadership will attempt to recruit them with no guarantees)
  - Members: For a list of AAHB fellows and members, please visit <http://aahb.org> and log on with your username and password. Go to 'Members Only' menu for Membership Directory. Non-members: email Matthew Smith or Joanne Sommers for access to a full list of AAHB members.
  - ***It is recommended that the Mentee contact proposed Mentors to determine their interest in the program and solicit agreement to participate in the RSMP together (prior to the application submission, if possible).***
- Develop research-based products (e.g., grant proposal, manuscript) and engage in research-based processes (e.g., interviewing, navigating tenure and promotion)
- Commit 12-months to the mentor-mentee relationship, which will include participation in the following:
  - Interacting for 4 hours to become acquainted and strategize a mentorship work plan
  - Developing a mentor/mentee work plan
  - Producing a mid-year progress report
  - Producing a final report
  - Keeping AAHB informed about professional accomplishments via survey participation

Interested applicants should submit the following information through the [registration link](#) by **February 9, 2024**. Email the RSMP Director, **Matthew Lee Smith** at [matthew.smith@tamu.edu](mailto:matthew.smith@tamu.edu), with any questions.

- Mentee Application Form (Form on following page)
- Current Curriculum Vitae (CV)
- Statement of Interest (maximum of 500 words)

# **Mentee Track Application** **Research Scholars & Mentorship Program (RSMP)**



Mentee Name: \_\_\_\_\_

1. Curriculum Vitae (CV). Submit your most current CV in a PDF format.
2. Statement of Interest. Please describe the role of health behavior in your research, where you are in your career trajectory, what strengths you will bring to the mentoring program, and what you hope to gain from the program. Statements must be a maximum of 500 words.
3. Preferred Mentors. Applicants are asked to identify 3 AAHB members with whom they would like to be paired. Mentors should be senior health behavior scholars who are Academy Fellows or at the Associate or Full Professor level (or equivalent). Mentees should select mentors based on common research interests, methodologies, etc.
  - a. Applicants are welcome to review the AAHB website (<http://aahb.org>) for the names of Fellows and current members, or contact Matthew Smith or Joanne Sommers directly for a complete membership list.
  - b. Applicants are encouraged to contact Preferred Mentors prior to applying. However, we will make every effort to recruit one of these AAHB members to serve as RSMP mentors.

Please list 3 AAHB members with whom you might like to be matched:

**Preferred AAHB Member Mentor #1:** \_\_\_\_\_

- Do you know this person? Have you contacted them about the RSMP?

\_\_\_\_\_

**Preferred AAHB Member Mentor #2:** \_\_\_\_\_

- Do you know this person? Have you contacted them about the RSMP?

\_\_\_\_\_

**Preferred AAHB Member Mentor #3:** \_\_\_\_\_

- Do you know this person? Have you contacted them about the RSMP?

\_\_\_\_\_

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By submitting this application, and if selected for the RSMP, you are committing to the 12-month mentorship term and agreeing to:

- Attend the 2024 and 2025 AAHB meetings (to the best of your ability)
- Fulfill milestone deadlines (listed on the previous page)

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The following are collected for reporting purposes only and will not be considered as part of the selection process:

Gender:  Male  Female

Ethnicity:  Hispanic/Latino  Not Hispanic/Latino

Race:  Caucasian

Black or African American

Asian

Native Hawaiian or Pacific Islander

American Indian/Alaska Native

Other \_\_\_\_\_