



AMERICAN ACADEMY
OF HEALTH BEHAVIOR

A MULTIDISCIPLINARY SOCIETY OF HEALTH BEHAVIOR SCHOLARS AND RESEARCHERS

AAHB Past President's: <https://aahb.org/Past-Presidents/>

Name: Jay Maddock, PhD, FAAHB

1. When did you attend your first Academy annual meeting? 2014 Charleston, SC, although I had been a member for many years before that.
2. What attracted you to AAHB? I really enjoy the small size of the Academy and the focus on research. It allows a great opportunity to meet people with similar interests.
3. What do you value about the Academy and why did you choose to be involved as President? I really enjoyed the comradery and fellowship of the Academy. Looking at the list of our 20 Presidents, it is amazing how many are still involved in the day-to-day workings of the Academy. From the minute a student joins the Academy we make a special effort to include them as part of the AAHB family. A lot of other societies are so large that they don't know who you are.
4. What was your vision for AAHB when you assumed the role of President? A lot of my term was really taking care of business. We spent a lot of time on the Policies and Procedures manual, launched the journal and did a study on the future of Health Behavior Research. To me it was really connecting the work of the Founds of the Academy with the next generation of scholars as we modernized our efforts while keeping true to our traditions.
5. What was your biggest accomplishment as President? My goal was to make sure that the Academy had an affiliated journal. It had been several years since we ended our affiliation with the *American Journal of Health Behavior*, and I knew that we needed to move forward. I was delighted that we were able to launch *Health Behavior Research* in 2017 and happy to see that it is still going strong today.
6. Where do you see AAHB in the next 10 years? 2020 was an eye-opening year for almost all of us. It really questions the way that we operate. I missed the conference more than anything and really cemented the importance in my mind. We need to keep that up. I also think we need to grow a bit. Maybe 10%-20% but not too big that we lose what is special about the Academy. I also hope our journal continues to grow and become an indexed, well respected journal in our field.
7. Do you have any advice for students and early career researchers? Find your passion and research what interests you. If you are curious and excited about what you do, the research questions come easily. Don't chase the money and work with smart, productive people that you enjoy spending time with.