



AMERICAN  
ACADEMY  
OF HEALTH  
BEHAVIOR

A MULTIDISCIPLINARY  
SOCIETY OF HEALTH  
BEHAVIOR SCHOLARS AND  
RESEARCHERS

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March 10, 2019

Dear Academy Members and Colleagues:

As President of the American Academy of Health Behavior, I am pleased to welcome you to the 19<sup>th</sup> Annual Scientific Meeting— *Theory and Applications of Multiple Health Behavior Change*. The meeting will provide attendees with the opportunity to interact directly with and learn from the field's best researchers and leaders actively engaged in this vital area of work.

We have a very strong slate of nationally and internationally known speakers and an exciting meeting agenda. The speakers will reflect on theory and applications of multiple health behavior change, including discussing theoretical foundations for this direction of research, examining common influences that can impact two or more behaviors simultaneously, and presenting design and analysis methods to develop, test, and disseminate multiple health behavior change interventions for individuals and communities. In addition, this year's conference includes two exceptional professional development luncheons on "Keys to Quality Mentorship and Productive Collaborations: Lessons Learned from AAHB Scholars" and "Accessing and Understanding the Adolescent Brain Cognitive Development (ABCD) Study: An Introduction to the Adolescent Brain Cognitive Development Study Dataset." There will also be morning breakfast roundtables, peer-reviewed poster sessions, un-plugged events, and evening socials. We will have the State of the Academy annual business meeting on Tuesday at 3:30 pm. This meeting is open to all conference attendees.

Please join us for the Awards Breakfast on Wednesday morning as we celebrate our awardees and the contributions they have made to the Academy and to our discipline. Immediately following the Awards Breakfast on Wednesday morning, we will conclude with an engaging dialogue led by several Research Laureates and Fellows of the Academy as they discuss their perspectives on new directions for health behavior research.

At the opening session on Sunday evening we will proudly recognize Dr. Michael Cummings as the 2019 AAHB Research Laureate and Drs. Ashley L. Merianos and Renée Umstatt Meyer as the 2018 Class of AAHB Fellows. On Tuesday evening, Dr. Lara McKenzie will be inaugurated as the 19<sup>th</sup> President of the Academy.

The planning for our annual meeting is a task requiring considerable efforts and time. The Board of Directors and the Conference Planning Committee have worked for over two years to bring this program to you. I want to thank Dr. Hsien-Chang Lin for his leadership in coordinating and leading our conference planning, Drs. Julie Croff and Leigh Ann Simmons for serving as Program Chairs, and Dr. Daphne Hernandez for directing this year's research review and poster abstract process. All members of the Conference Planning Committee dedicated countless hours to bring us a top-notch slate of speakers and research. I also want to thank each of the Board members who dedicate their time and energy to serving the Academy throughout the year and the person who keeps us all moving forward - Joanne Sommers, our Executive Director, who ensures that the day-to-day operations of the Academy run smoothly and efficiently!

You will be receiving an email shortly after the meeting to complete our online meeting evaluation. We look forward to receiving your feedback regarding this year's meeting.

Best wishes for an engaging and enjoyable Annual Scientific Meeting!

Mark Reed, PhD, 2018-2019  
AAHB President

## 2018-2019 Board of Directors

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## 2019 Conference Planning Committee

Hsien-Chang Lin, PhD	Conference Planning Chair & Awards Council Chair
Julie Croff, PhD & Leigh Ann Simmons, PhD	2019 Scientific Meeting Program Chairs
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## Poster Award Judges

Elaine Borawski	Daphne Hernandez	Wenhua Lu	Annie Nguyen
Elbert Glover	Randy Hubach	Jay Maddock	Steve Sussman
Sarah Griffin	Carolyn Johnson	Lisako McKyer	Rick Zimmerman

## 2019 Abstract Reviewers:

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